



# The Principal News

Newsletter  
September 14th, 2019

## Photo of the week



Gobind Sarvar students lining up to go to class

## Upcoming events

Tues 17th September  
Soccer Match v Regent  
Christian Academy

Thurs 26th September  
Soccer match v John





## Welcome back!

Welcome Back! We hope you have had an enjoyable summer. The children have certainly had lots of exciting stories to share. This year, we have many new families to the Gobind Sarvar community and we would like to extend a very special welcome. We hope they will continue to enjoy their time at our school.

Your children are your most important gift from God, treasure them, help them, guide them and support them. Lets start this new term with this commitment. We will be monitoring the homework books/reading records etc... closely.

We in school will do everything we can to help your child to do their best. Let us know if we can support you in any way. Remember we have an open door policy – feel free to book an appointment with your child's class teacher if you have concerns or need support, help or advice.

I know you will continue to work with us, so your child can grow in confidence, with a love of learning, and a determination to be the best person they can be.



## Sports programs

Knowles Christian School

### Thurs 26th September

PAC open house for parents (Kg - gr 5)

### Mon 30th September

Pro - D day - No school today

### Tues 1 October

Orange Shirt Day

[Full Calendar](#)

**TAKING**



**TIME OFF**

Dear parents,

The education of your children is of prime importance to us. In the past, many parents have taken their school aged children on extended holidays beyond the normal winter and spring breaks.

While we understand that this may be necessary in some circumstances, we ask that you consider the affect on your child education. Even students as young as kindergarten need consistency in school.

We have even witnessed some students failing as a result of extended absences from school.

We ask that take

This year, we have an excellent sports program. Having been granted membership into BC School Sports and Greater Vancouver Independent Schools Athletic Association (GVISAA), we will be competing against other schools. The season has started with the grade 8 - 9 - 10 boys soccer. The team has over 15 interested athletes and have been practicing in order to fine tune their skills. They will be playing their very first match on Tuesday September 17th at Newton Athletic Park. Please do come and join us at 3:30 pm and support the Gobind Sarvar Soccer team.

After the soccer season, the basketball season will begin in later October. As many of our students will be participating in sports, it is crucial that they keep up with their academic work.



### SEHAT program

Gobind Sarvar is excited to begin our partnership with Fraser Health to help promote healthy living. Within Fraser Health, the South Asian Health Institute's (SAHI) Sehat Team will be working closely with our Gobind Sarvar community to provide information and recipes.

The Sehat team will be working with our students to help develop health-related initiatives for our families. Over the summer, the Sehat team worked with some members of our community to get a better idea of our lifestyle and eating patterns. Using this information, we learned the following: Our community needs to give more attention to balanced eating and enjoying an overall healthier lifestyle.

We will share health-related information and resources from Fraser Health throughout the year in an effort to achieve our school goal of promoting healthy lifestyle choices. In addition to this, we will also be sharing new recipes every month! Stay tuned!"

Also stay tuned for Health Week starting Monday 23rd September when the "Health" team will be at school sharing many ideas about healthy eating.

## Uniforms

vacations during the normal winter and spring breaks and ensure that your children are back in school on the required date. This will ensure that your children do not miss out on any learning and will help them stay on track.

### Article on missing school



As we have many activities planned to enrich our students, it is important to have a solid student leadership program. A few days ago, many high school students were nominated to hold the position of "prefects". In addition, we have decided to have prefects in grade 6 and 7 in order to motivate leadership in the elementary school. This week, students in grades 6 and up will be voting for their choice of prefect.

As soon as the student council has been elected, they will be given responsibilities such as helping out in:

- traffic management
- lunch supervision
- mentoring
- help at fundraising
- and so on

We wish all the candidates all the best of luck



As we are an independent school, we have a uniform.

We are informed by our uniform supplier that the uniforms should be arriving during the last week of September. At that time, we would expect every student to be in full school uniform.

Until then, returning students should be wearing their uniforms from last year.

